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BEAUTIFUL BEDROOMS

Interior designers share their top five style tips for creating a blissful boudoir

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1. An over-scaled upholstered bedhead will totally transform a bedroom. It can be made in a weekend simply by using MDF board cut to size, foam, upholstery tacks and your favourite upholstery. You can choose from luxury materials such as silk, leatherette, satin or velvet.
2. Apply wallpaper to the wall behind the bed. Choose quiet colours — for example soft metallics or neutrals — with the emphasis on texture and pattern.
3. Introduce a day bed with a floor lamp near a window. It will add another dimension to the room, creating a daytime retreat within a retreat.
4. Screens are a most appropriate feature in the bedroom, not purely for their beauty but also because they are practical and create added privacy. There are a lot of different types of screens available but it is easy to create your own. All you need are three or four panels of MDF board (cut to size), hinges, a screwdriver and your imagination. Panels can be made into a collage, painted or upholstered.
5. Accessorise! Updating manchester, lampshades and window treatments is a foolproof way to add oomph to your bedroom. For example, add a pair of glamorous slippers by the bed or arrange a few crystal perfume bottles on your dressing table.

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